

# WELCOME WEEK EVENT'S TIMETABLE

# ROOTED in the NORTH CITY CAMPUS MANCHESTER

Monday	Tuesday		Wednesday	Thursday		Friday
<b>Welcome U</b> Discover what’s waiting for U! Join us and explore what your campus new and community have to offer.	<b>A Day for U</b> Encouraging mindfulness, calm, and self-care.		<b>U-Vibe @ Lane7</b> No rules, just fun - your day, your way.	<b>U-Do It All</b> From quizzes to cocktails - and plenty of chances to win big.		<b>U-Fest</b> A mini festival of games, music, and freshers fair!
Rise & Shine Offer (08:00-10:00)	Rise & Shine Offer (08:00-10:00)		<b>Lane 7</b> (11:00-15:00)	Rise & Shine Offer (08:00-10:00)		Rise & Shine Offer (08:00-10:00)
Curriculum Induction Activities (10:00-12:00)	Curriculum Induction Activities (10:00-12:00)			Curriculum Induction Activities (10:00-12:00)		Curriculum Induction Activities (10:00-12:00)
<b>Campus Quest*</b> (12:00-13:00): Embark on a fun-filled campus adventure to discover hidden prizes - and enjoy a complimentary lunch along the way!	<b>Speed Friending*</b> (12:00-13:00): Fast chats, new friends, and free food provided at no cost what’s not to love?			<b>In it to Win it*</b> (12:00-13:00): On the house lunch with a side of surprises! Choose your seat carefully to win big or small!		<b>Mix &amp; Mingle*</b> (12:00-13:00): Mingle, Munch (on the house), and Make Your Mark!
Curriculum Induction Activities (13:00- onwards)	<b>Take a Paws: Therapy Dogs*</b> (13:00-15:00): Drop in for a dose of calm with our visiting furry companions.	<b>Mindfulness Session*</b> (13:00-14:00): Connect breath and body through mindfulness techniques.		<b>SU Big Fat Quiz of the Week</b> (13:00-14:30): The Battle of the Brains Starts Here.	<b>VR Experience*</b> (14:00-16:00): Born in Manchester, Built for Other Worlds.	<b>Freshers’ Fair</b> (13:00-15:00): Explore What’s Here for U.
		<b>Journalling DIY*</b> (14:00-16:00): Craft a space for your thoughts with the help from your dedicated Wellbeing team.				
	<b>Manchester Treasure Hunt</b> (16:00-17:00): Strike a pose, snap a pic, and hunt your way to victory!					<b>Pian-oke</b> (14:30-17:00): Not Just Karaoke - It’s Pian-oke!
	<b>Everyman Cinema*</b> (17:00-19:00): A movie night done right!		<b>Paint n’ Sip*</b> (17:00-19:00): Sip Back and Create.			

Activities marked \* require pre-booking. Just speak to the Students Union on arrival on Monday 8th Sept, or email [SVC@ucenmanchester.ac.uk](mailto:SVC@ucenmanchester.ac.uk) to secure your place! All activity is available to Level 4 and 6 new starters until full. Don't forget to arrive early!