Growth Mindset

Take this online test to measure how much of a growth or fixed mindset you have- [Growth Mindset / Fixed Mindset Test (idrlabs.com)](#)

Write some ways you can challenge your thinking here…

Instead of…	I could say…
E.g. Referencing is too hard for me	I'm going to spend extra time looking up how to do referencing so that I can get it right.